



Govt. Degree College  
Tral-192123- (Kashmir)

گورنمنٹ ڈگری کالج ترال



Government of Jammu & Kashmir  
Higher Education Department

NSS BULLETIN

Wastoorewan

(The Paramount Zeal)

January 2025 to December 2025



Dr. Mehraj ud Din Sheikh  
NSS Programme Officer I



Prof. Iqra Jan  
NSS Programme Officer II

Motto

**'Not Me But You'**

## Vision

The vision is to cultivate social responsibility and community service among students for their holistic development and societal welfare.

## Mission

The Motto of NSS "Not Me But You", reflects the essence of democratic living and upholds the need for self-less service. The mission of the NSS Unit at GDC Tral is: "To inspire students to actively engage in community service, promote civic responsibility, develop leadership qualities, and contribute to the betterment of society through meaningful outreach programs and activities."

## Objectives

1. To encourage students to actively participate in community service and address societal challenges through meaningful initiatives.
2. To foster leadership qualities, team spirit, and organizational skills among students through collaborative activities.
3. To create a sense of social responsibility and awareness of civic duties among students.
4. To provide opportunities for students to develop their personality, empathy, and problem-solving skills through service-oriented experiences.
5. To involve students in nation-building activities by addressing social issues, promoting education, and ensuring environmental sustainability.

### From Principal's Desk

It is a matter of immense pride and honour to write this message for *Wastoorwan*, the NSS Bulletin of Government Degree College Tral. Our institution takes great pride in hosting two dynamic and highly dedicated NSS units comprising nearly 2000 passionate volunteers who continue to serve society with remarkable zeal, commitment, and a spirit of selfless devotion.



The National Service Scheme is far more than an extracurricular activity—it is a powerful movement that shapes character, strengthens leadership, and instills a deep sense of civic duty among students. NSS provides a transformative platform where young minds grow into responsible citizens, guided by the ideals of empathy, discipline, teamwork, and social accountability. Through their consistent efforts in addressing pressing social concerns, promoting environmental consciousness, and uplifting community welfare, our volunteers truly embody the inspiring motto: **"Not Me, But You."**

I extend my heartfelt appreciation to the NSS volunteers and Programme Officers whose tireless dedication, resilience, and enthusiasm have been instrumental in executing impactful initiatives that reflect the highest values of humanity and nation-building. Your unwavering service is not only commendable but also a source of inspiration for the entire college community and beyond. The exemplary contributions of our NSS units stand as a shining testimony to the spirit of selflessness and collective responsibility.

May *Wastoorwan* serve as a guiding light, showcasing the meaningful achievements of our NSS family and motivating others to actively participate in the noble cause of community service. I sincerely hope this bulletin continues to inspire its readers to embrace the ideals of service, sacrifice, and social transformation, while highlighting the profound difference that united action can bring to society.

My best wishes to all volunteers, contributors, and organizers for continued success in this noble mission. May you continue to keep the flame of service alive and inspire countless others to walk the path of dedication and compassion.

**Principal**  
**Prof. Jasvinder Singh**

### From NSS Programme Officer

It is with immense pride and a deep sense of responsibility that I pen this message for *Wastoorwan*, the NSS Bulletin of Government Degree College Tral. As an NSS Programme Officer, I feel honored to be part of a movement that empowers young minds to become agents of positive change and active contributors to nation-building.



The National Service Scheme is a unique platform that instills in students the values of selfless service, discipline, leadership, and compassion. It is not merely an activity but a way of life that encourages volunteers to look beyond personal interests and work for the betterment of society. Through various outreach programs, awareness drives, environmental campaigns, and community welfare initiatives, our NSS volunteers continue to uphold the true essence of the NSS motto: "Not Me, But You."

The dedication, enthusiasm, and sincere efforts shown by our volunteers in every activity are truly commendable. Their willingness to serve humanity, address social challenges, and contribute towards sustainable development reflects the strength of youth power and the spirit of collective responsibility. I am proud of the unwavering commitment displayed by our NSS units in creating meaningful impact within and beyond the campus.

*Wastoorwan* stands as a reflection of these remarkable endeavors and serves as a source of inspiration for all. This bulletin not only highlights the achievements of our volunteers but also motivates others to embrace the ideals of service, unity, and social responsibility.

I extend my heartfelt appreciation to all the volunteers, contributors, and everyone associated with this bulletin for their tireless efforts. May this publication continue to spread the message of selflessness and encourage more young minds to join the noble mission of serving society.

With best wishes for continued success,

May the spirit of NSS keep shining bright in all our endeavors.

NSS Programme Officer I  
Dr. Mehraj ud Din Sheikh

**List of activities from 01-01-2025 to 31-12-2025**

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9	NSS Unit Onboarding and My Bharat Portal Enrollment	24 & 25-01-2025	16
10	67 Days NSS Special Winter Camp 2025 (at Adopted Village: Brampathri) From 07 <sup>th</sup> to 13 <sup>th</sup> February 2025	from 07 <sup>th</sup> to 13 <sup>th</sup> February 2025	17-21
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19	Participation in State-Level Round of Viksit Bharat Youth Parliament 2025 at Btg Rajinder Singh Auditorium, University of Jammu	27-03-2025	30
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### Participation of NSS Volunteers in Kashmiri Youth Exchange Programme (Meerut, UP) (From 1<sup>st</sup> to 9<sup>th</sup> January, 2025)

The Nehru Yuva Kendra Sangathan (NYKS), District Pulwama, organized an exposure tour to Meerut from 02 January to 07 January 2025. A group of 20 participants along with 02 team leaders from Government Degree College Tral undertook the journey, reaching Meerut after an overnight halt at Jammu, where they were warmly received by NYKS Meerut officials at Meerut Institute of Engineering and Technology.



The camp commenced with daily morning activities including physical exercise, flag hoisting, and the national anthem. The programme was formally inaugurated in the presence of public representatives and NYKS officials. Participants actively engaged in expert lectures, cultural exchanges, food festivals, and exhibitions showcasing Kashmiri handicrafts and cuisine, which were highly appreciated by the local public.

The tour also included educational field visits to historical sites, industrial units, and Sardar Vallabhbhai Patel University of Agriculture and Technology, providing valuable exposure to history, industry, agriculture, and technology. Inter-district sports competitions, cultural evenings, and an interactive meeting with the Hon'ble MP Meerut further enriched the experience. The programme concluded with a farewell ceremony where participants were felicitated, and the group returned safely with enriching memories and enhanced national integration.



### Participation of NSS Volunteers in Kashmiri Youth Exchange Programme (Surat, Gujrat) from 2nd to 14<sup>th</sup> January, 2025

The NSS Volunteers of Govt. Degree College Tral participated in the Kashmiri Youth Exchange Programme held at Surat, Gujarat, from 2nd to 14th January 2025, organized by MyBharat Nehru Yuva Kendra Sangathan (NYKS), District Pulwama. The Programme provided rich experiential learning opportunities, fostering cultural exchange, national integration, and youth development. The volunteers gained exposure to diverse cultural traditions through participation in various cultural activities, including singing and dancing. As part of the educational exposure, the volunteers visited several historical, industrial, and tourist sites, such as Mehrangadh Fort, Jodhpur (Rajasthan), Dumas Beach, and various prominent locations in Surat city. The programme also included industrial visits to Adani Port and Euro Foods, enhancing the participants' understanding of industrial functioning and entrepreneurship. The volunteers actively participated in yoga sessions, cultural workshops, and interactive sessions. A motivational lecture by Mr. Vijaybhai Radadiya, a renowned speaker from Surat, inspired the youth to promote entrepreneurship and self-reliance. The programme concluded with a valedictory function, marking the successful completion of the exchange programme. Overall, the initiative proved highly beneficial in broadening the volunteers' perspectives, strengthening cultural harmony, and enhancing leadership and life skills.



### Awareness Programme on "Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013" on 7-01-2025

An awareness programme on the Sexual Harassment of Women at Workplace (Prevention, Prohibition and Redressal) Act, 2013 (POSH) was successfully organized on 07-01-2025 by NSS Units I & II of Government Degree College Tral.

The session aimed to educate participants on the legal provisions of the POSH Act and promote a safe and respectful workplace environment. The programme commenced with an introductory address by Dr. Sami Ullah Rather, Assistant Professor (Kashmiri)



highlighting the importance of gender equality and the significance of creating awareness about workplace harassment. The session included an informative presentation on the key features of the POSH Act, which include the mechanisms for prevention, prohibition, and redressal of sexual harassment at workplaces.

Participants were actively encouraged to: Promote understanding of gender equality and contribute to fostering a culture of respect and inclusivity; familiarize themselves with the provisions of the POSH Act to recognize, address, and prevent instances of sexual harassment. And feel confident in reaching out to the Anti-Sexual Harassment Cell for support, reporting incidents, or seeking guidance when needed.

Emphasis was laid on the confidentiality of the complaint process and the importance of timely reporting to ensure swift redressal. The programme concluded with an open-floor discussion where participants shared their perspectives and sought clarifications. The event served as a crucial step toward creating a harassment-free workplace and empowering individuals to stand against any form of gender-based discrimination or harassment.



**Participation of NSS Volunteers in Kashmiri Youth Exchange Programme  
(NAINITAL UTTARAKHAND) from 10th to 20th January, 2025**

The Kashmiri Youth Exchange Programme 2025, under the theme "Wattan Ko Jano," was organized by My Bharat Nehru Yuva Kendra Sangathan (NYKS), Ministry of Youth Affairs and Sports, from 10th to 20th January 2025 at Nainital, Uttarakhand. A group of 20 NSS Volunteers from Government Degree College, Tral, participated in the programme, accompanied by Dr. Feeroze Ahmad Rafiqi and Mr. Fayaz Ahmad Rather. The programme aimed at promoting national integration and cultural exchange.



The volunteers visited Jammu Market, witnessed the Ganga Aarti at Haridwar, and participated in cultural activities at Graphic Era Hill University (GEHU). Educational exposure included visits to GEHU departments and agricultural farm, informative sessions on the Indian Air Force and tourism, and an industrial visit to Aarohi Manufacturing Plant. The participants enjoyed boating at Nainital Lake and Saat Taal Lake, took part in a cleanliness drive, and showcased Kashmiri culture in traditional attire. The programme concluded with a valedictory ceremony, where certificates were awarded. The tour ended with the safe return of the participants on 20th January 2025, leaving a lasting impact in terms of cultural understanding and national unity.



### Celebration of the National Youth Festival at GDC Tral on 12-01-2025

The Department of Youth Affairs, Ministry of Youth Affairs & Sports, Government of India, organized the National Youth Festival to commemorate National Youth Day. As part of this celebration, Govt. Degree College Tral in collaboration with My Bharat Nehru Yuva Kendra (NYK) Pulwama actively participated by hosting the live telecast of the "Viksit Bharat Young Leaders Dialogue-2025" programme on 12-01-2025. The event included the live streaming of the Hon'ble Prime Minister's speech, which was enthusiastically viewed by hundreds of NSS volunteers and staff in the college auditorium.



The programme was organized under the esteemed guidance of the worthy Principal of the college Prof. (Dr.) Mushtaq Ahmad Malik who telephonically welcomed the participants and highlighted the significance of such programmes in achieving the vision of *Viksit Bharat 2047*. The NSS Programme Officer successfully mobilized 88 NSS volunteers for the occasion. Their efforts ensured maximum participation and engagement from the college community.

13 جنوری 2025

## ڈگری کالج ترال نے تقویٰ یوتھ ڈے منایا

تقویٰ یوتھ ڈے کی مناسبتاً ڈگری کالج ترال میں ایک بڑے پیمانے پر منظم تقریب منعقد کی گئی۔ تقریب میں ڈگری کالج ترال کے پرنسپل پروفیسر (ڈاکٹر) مشتاق احمد مالک نے خصوصی خطاب کیا اور ملک کی ترقی و ترقی کے لیے نوجوانوں کی اہمیت پر روشنی ڈالی۔ تقریب میں 88 نیشنل سروس سٹیوڈنٹس (NSS) ویولنٹیرس نے حصہ لیا اور ان کی بھرپور شرکت نے تقریب کو مزید دلچسپ بنا دیا۔

Srinagar Mail - سونگر میل

GDC Tral Hosts Live Telecast of "Viksit Bharat Young Leaders Dialogue 2025" to Celebrate National Youth Day

en.srinagarmail.com

GDC Tral Hosts Live Telecast of "Viksit Bharat Young Leaders Dialogue 2025" to Celebrate National Youth ...

### Road Safety Awareness Campaign on 23 & 24 January 2025

The NSS Volunteers of Unit I and II of Government Degree College (GDC), Tral actively participated in the National Road Safety Month, observed from 1st to 31st January 2025, with the objective of creating awareness about road safety, traffic rules, and responsible road behavior to reduce road accidents and fatalities.

On 23rd January 2025, a team of 30 NSS Volunteers, along with staff members, organized a road safety awareness campaign within the college premises and at the Tral bus stand, in collaboration with the SHO Tral, Mr. Tanveer Jahangir, and his team. The



volunteers assisted in traffic management, interacted with commuters, and emphasized the importance of wearing helmets, using seat belts, avoiding drunk driving, and adhering to traffic rules.

On 24th January 2025, road safety educational sessions were conducted at the college cricket ground, where Prof. Iqra Jan and Prof. Rafiq Ahmad Khan delivered informative lectures on road safety awareness, preventive measures, and the legal and social responsibilities of citizens. The session was followed by a road safety rally, in which students, volunteers, and staff participated enthusiastically, carrying placards and banners to spread awareness among the local community.

The activities received positive public response and successfully instilled a sense of responsibility towards road safety, reflecting the NSS Units' commitment to creating safer roads for all.



### Celebration of National Voters Day under the theme (Nothing Like Voting, I Vote for Sure) on 25-01-2025

The NSS Units I & II of GDC Tral organized a grand celebration on the occasion of National Voters Day on 25th January 2025.

The event aimed to emphasize the importance of voting and inspire participants to actively partake in the democratic process. The celebration was held under the national theme, "Nothing Like Voting, I Vote for Sure."

The program commenced with a warm welcome address by the principal of the college, Prof. (Dr.) Mushtaq Ahmad Malik and began with a pledge ceremony where NSS



volunteers, staff members, and participants took a solemn oath to uphold the values of democracy and actively engage in the electoral process. A key highlight of the celebration was a lecture series delivered by two eminent professors of the college, Dr. Mohd Shafi Dar (Assistant Professor, Urdu) and Dr. Rafiq Ahmad Khan (Associate Professor, Physics). Their talks provided deep insights into the power of voting, the importance of informed decision-making during elections, and the critical need for youth participation in democratic processes. The program witnessed enthusiastic participation, with 88 NSS volunteers and staff members attending the event. Following the conclusion of the program, the rally was conducted by students along with staff to raise awareness among the public about the importance of their franchise. This rally served as a practical demonstration of the college's commitment to spreading the message of democracy and the value of voting.

The event concluded with a vote of thanks by Dr. Mehraj ud Din Sheikh, NSS Programme Officer. He expressed gratitude to the speakers, participants, and college administration for their invaluable support in making the program a success.



### Celebration of 76<sup>th</sup> Republic Day on 26-01-2025

The 76th Republic Day was celebrated with great enthusiasm and patriotic fervor at GDC Tral. The event was graced by the presence of the 250 participants (Staff members, Police Personals and NSS Volunteers) reflecting the unity and spirit of the occasion. The celebration commenced with the hosting of National Flag by honorable Principal Prof. (Dr.) Mushtaq Ahmad Malik. The flag-hoisting ceremony was accompanied by the rendition of the National Anthem, which echoed the patriotic spirit among the attendees. The sight of the tricolor



fluttering high was a moment of pride and inspiration for all present. Following the flag-hoisting, the principal addressed the gathering, highlighting the significance of Republic Day and the values enshrined in the Constitution of India. The principal emphasized the importance of unity, discipline, and the active role of youth in shaping the nation. The event also included a special ceremony to recognize and appreciate the dedicated contributions of NSS volunteers and select staff members who had rendered exemplary services to the college during the academic year 2024-25. Certificates of appreciation were awarded to these individuals, acknowledging their hard work, commitment, and meritorious contributions to the institution's growth and development.

The gathering concluded with a vote of thanks delivered by Dr. Mohd Shafi Dar (Assistant Professor, Urdu), expressing gratitude to the principal, staff, police personals and NSS volunteers for making the event a grand success. The celebration served as a reminder of the collective responsibility towards the nation and reinforced the spirit of patriotism and dedication.



### NSS Units Onboarding and My Bharat Portal Enrollment on 24 & 25<sup>th</sup> January, 2025

The NSS Unit of GDC Tral organized an onboarding program for NSS volunteers and enrolled students on the My Bharat Portal on January 24 and 25, 2025, in the college. The event aimed to empower and build the capacities of youth by providing them with opportunities for skill enhancement and community service.

During the session, students were facilitated by the staff members of the college to ensure a smooth registration process on the portal. The My Bharat Portal serves as a platform for experiential learning, offering various activities and volunteering opportunities in community service. These experiences help students develop essential skills such as team building, problem-solving, and communication, which are crucial for their personal and professional growth.

The event witnessed active participation from students who showed enthusiasm towards engaging in social and community-oriented initiatives. The NSS Unit of GDC Tral reaffirmed its commitment to nurturing responsible and skilled youth by integrating them into platforms that enhance their learning and leadership abilities.

The onboarding session successfully equipped students with the necessary information and access to the My Bharat Portal, further strengthening their involvement in national service and self-development initiatives.



**07 Days NSS Special Winter Camp 2025 (at Adopted Village: Branpathri)  
from 07<sup>th</sup> to 13<sup>th</sup> February 2025**

The Govt. Degree College Tral successfully organized a seven-day NSS Special Winter Camp at its adopted village, Branpathri, from February 7 to February 13, 2025. The main aims and objectives of the camp was to engage students in community service, promoting social responsibility, develop leadership skills, teamwork, enhance personal skills through practical exposure and foster spirit of volunteerism among the youth. Throughout the week, a series of activities were conducted by 23 NSS volunteers along with designated staff including:



**Day 1: Inauguration and Cleanliness Drive**

The camp was inaugurated on 7<sup>th</sup> of february by the esteemed Principal Prof. (Dr.) Mushtaq Ahmad Malik, who emphasized the significance of NSS activities in the holistic development of students and the upliftment of rural communities. The NSS Programme Officer Dr. Mehraj ud Din Sheikh shared their experiences during the inaugural function of the 07-day NSS camp, highlighting the importance of community service and youth engagement. They reflected on past initiatives, emphasizing the positive impact of such camps on personal growth and social development. Their inspiring



words motivated the volunteers to actively participate and contribute meaningfully throughout the camp., and senior faculty members also contributed their insights. Dr.

Mohd Shafi Dar delivered the vote of thanks. A cleanliness drive was conducted on the college campus to instill the spirit of selfless service and voluntary work among volunteers.

**Day 2: Camp Installation and House Hold Survey:** The NSS volunteers of GDC Tral set up a camp at their adopted school, Govt. S.S.A Primary School, Branpathri, as part of their community outreach initiative.

Following the installation of the camp, they conducted a comprehensive household survey in the village of Branpathri. This survey aimed to assess the socio-economic conditions of the residents and gather essential data for future developmental activities. The initiative reflects the



volunteers' commitment to community service and rural development.

#### Day 3: Awareness Programmes and Rally

The NSS volunteers, along with the staff, organized an awareness program and rally to

promote digital literacy and educational rights. They actively engaged in raising slogans and conducting door-to-door visits to spread awareness on different themes of life. The rally echoed powerful messages, including 'Tim Chu Gaash' highlighting the transformative



power of education. Through their efforts, they encouraged communities to embrace digital learning and ensure that every child receives the education and also raise awareness about the potential risks of internet misuse and the importance of adopting safe online practices

#### Day 4: Green Initiatives, Environmental Awareness and House hold Survey.

Two significant environmental initiatives were conducted to promote ecological awareness and conservation. The first initiative, the Forest Conservation Campaign, involved a rally with the slogan "Save Forests, Save Lives," highlighting the crucial role of forests in sustaining life. Participants actively engaged in



spreading awareness about deforestation and its adverse effects. The second initiative, the Plantation Awareness Drive, focused on the "Plant for the Planet Campaign," encouraging community members to plant trees. Volunteers educated people about the benefits of afforestation and the importance of maintaining green cover. The campaign successfully motivated local residents to contribute to environmental sustainability. Both initiatives played a vital role in fostering a sense of responsibility towards nature.

#### Day 5: Cleanliness Drive (water bodies and roads) and Drug De-addiction Awareness programme.

Two major awareness initiatives were conducted to promote community well-being. The Cleanliness Awareness Campaign emphasized the importance of hygiene and sanitation through rallies and public engagements, encouraging people to keep their surroundings clean. Volunteers educated the community on waste management and the harmful effects of pollution. The Drug De-



addiction Awareness Drive aimed to inform people about the dangers of substance

abuse and ways to overcome addiction. Awareness sessions were conducted, highlighting the impact of drugs on health and society. Rehabilitation options and counselling services were also promoted to support those in need. Both initiatives successfully inspired community participation, fostering a healthier and more responsible society. In second half of the day, a household survey was conducted to gather essential data on various socio-economic and environmental aspects. Volunteers visited homes and interacted with residents to collect information on living conditions, health, education, and sanitation. The survey aimed to assess community needs and identify areas for improvement. Participants were encouraged to share their concerns, helping authorities develop better policies and initiatives. The collected data will be analyzed to support future developmental projects. Overall, the survey played a crucial role in understanding local issues and enhancing community welfare.

#### Day 6: AYUSH Free Medical Camp

An AYUSH Medical Camp was established to provide healthcare services to the local residents of the area. Expert doctors from Department officer AYUSH Pulwama (Dr. Khursheed Ahmad Mir, Dr. Nayeem Ahmad Wani) along with his team check-ups and guidance on natural healing methods. Patients received free medicines and personalized advice on lifestyle modifications for better health. The camp also focused on spreading awareness about the benefits of holistic and preventive healthcare. 245 community members participated, benefiting from alternative treatment approaches. Health awareness sessions were conducted to encourage the adoption of



AYUSH practices for overall well-being. The initiative was well-received and contributed to promoting natural and sustainable healthcare solutions.

### Day 7: Valedictory Session and Campus Cleanliness Drive

The final day of the camp witnessed a whole-campus cleanliness drive, where



volunteers actively participated in maintaining a clean and green environment. This was followed by a valedictory session, marking the successful completion of the event. The camp concluded with a vibrant cultural program presented by NSS volunteers, who showcased their talents with great enthusiasm and spirit, leaving the audience captivated.

**انٹرنیشنل ڈے سے نئے نئے سرگرمیاں**  
NSS سٹیوڈنٹس کی رپورٹ

انٹرنیشنل ڈے کے موقع پر، NSS سٹیوڈنٹس نے ایک دلچسپ اور مفید سرگرمی کا اہتمام کیا۔ انہوں نے ایک بڑے پیمانے پر کی جانے والی سرگرمیوں میں حصہ لیا، جس سے ان کی روحانی اور جسمانی ترقی ہو سکی۔ ان کے دلچسپ اور دلچسپ سرگرمیوں نے ان کی روحانی اور جسمانی ترقی کو فروغ دیا۔ ان کے دلچسپ اور دلچسپ سرگرمیوں نے ان کی روحانی اور جسمانی ترقی کو فروغ دیا۔

**GDC Tral NSS Unit & AYUSH J&K Organize Free Medical Camp at Branpathri Nagbal**

**■ W. Bhatia**

Tral, 19/11/23 - A significant health care initiative by the GDC Tral (Government Degree College Tral), Tral, Jammu and Kashmir, in collaboration with the AYUSH J&K Unit, organized a free medical camp at Branpathri Nagbal, Tral.

The camp was held in a well-attended hall, attracting a large number of students and staff members. The camp was organized by the GDC Tral NSS Unit and AYUSH J&K Unit. The camp was held in a well-attended hall, attracting a large number of students and staff members. The camp was organized by the GDC Tral NSS Unit and AYUSH J&K Unit.

The seven-day NSS Special Winter Camp at Branpathri was a resounding success, significantly contributing to community welfare while instilling a spirit of service and responsibility among student volunteers.

### Safer Internet Day Celebration

Theme: "Together for a Better Internet" on 11-02-2025

To commemorate Safer Internet Day 2025, Government Degree College (GDC) Tral organized an awareness rally on 11<sup>th</sup> of February 2025 in its adopted village, Branpathri, with the aim of promoting safer and responsible internet use, particularly among women and men.

The event focused on educating internet users about safe online practices, cyber hygiene, and responsible digital behavior. The rally was conducted as part of a 7-day special NSS winter camp organized NSS units of GDC Tral. NSS volunteers, along with programme officers and college staff, participated in the initiative. They carried out door-to-door



visits across the village, interacting directly with residents to raise awareness about the potential risks of internet misuse and the importance of adopting safe online practices. Key highlights of the event included: Awareness Rally: Volunteers and staff held a rally across Branpathri, carrying placards and banners emphasizing themes like cyber safety, online privacy, and digital ethics. Door-to-Door Campaign: Participants visited households, engaging with villagers to discuss cyber hygiene, protecting personal information online, and recognizing common cyber threats such as phishing and scams. Targeted Outreach: Special focus was given to empowering women and educating men about their roles in fostering a safer internet environment for families.

The initiative was well-received by the villagers, who expressed gratitude for the efforts made by GDC Tral. The campaign reinforced the importance of collective responsibility in making the internet a safer space for everyone, aligning perfectly with the theme, "Together for a Better Internet." Through this event, GDC Tral has taken a significant step towards building digital awareness and promoting a culture of safe and responsible internet use in the local community.

### Debate & Discussion on Fundamental Duties (on the occasion of 75th anniversary of the adoption of the Constitution of India) on 18-02-2025

On the occasion of the 75th anniversary of the adoption of the Constitution of India, the NSS Units I & II of Govt. Degree College Tral organized a debate and discussion on the theme 'Fundamental Duties: Importance of Citizens' Duties in Ensuring a Robust Democracy' on February 18, 2025.

The event aimed to emphasize the significance of citizens' duties in strengthening democratic values. The program commenced with a warm welcome address by the principal of the college, Prof. (Dr.) Mushtaq Ahmad Malik. In his speech, he underscored the importance of engaging in debates and discussions on fundamental



duties to help students understand their role in upholding democracy in the region. The event witnessed active participation from hundreds of NSS volunteers and students who contributed their views and perspectives during the debate and discussion. The highlight of the program was an insightful debate & discussion among the students who elaborated on the crucial role of citizens' duties in ensuring a strong and functioning democracy.

The programme concluded with a vote of thanks delivered by NSS Programme Officer ,



Dr. Mehraj ud Din Sheikh, expressing gratitude to all participants and organizers for their contributions in making the event success. The event successfully fostered awareness and engagement among students regarding their fundamental duties, reinforcing their role in upholding democratic values and responsibilities.

**One Day Seminar on Language is the Song of Culture  
(Celebration of International Mother Language Day) on 21-02-2025**

A daylong seminar on *International Mother Language Day* was organized on February 21, 2025 at GDC Tral by the College Cultural Committee, Debates & Seminar Committee, and NSS Units to promote linguistic and cultural diversity and highlight the importance of mother tongues.

The seminar began at 11:00 AM in the Mini Auditorium with opening remarks by Prof. Faizan Malik, Head, Department of Urdu, who also served as the compère. The programme witnessed active participation from faculty and students. The



recitation of verses from the Holy Quran was presented by Dr. Hilal Ahmad Wani, followed by Naat recitation by Parsa Jan, a 4th Semester student.

In his welcome address, Principal Prof. Dr. Mushtaq Ahmad Malik emphasized the significance of using one's mother tongue with pride as a means of preserving linguistic identity. Dr. Rafiq Ahmad Khan, Head, Department of Physics, and Dr. Aashaq Hussain Zargar, Department of English, delivered insightful lectures highlighting the global importance of the day and its origin in the Bengali language movement.

Student presentations by Syeda Misbah and Umaira Jan (4th Semester) further stressed the role of mother tongue in cultural identity and learning. The seminar concluded with a vote of thanks by Prof. Shabir Ahmad Bhat, Head, Department of Persian.



### Awareness and Facilitation Programme for Viksit Bharat Youth Parliament 2025 on 04-03-2025

The NSS Units of Govt. Degree College Tral organized an awareness and facilitation programme to encourage NSS volunteers and enrolled students to register and participate in the Viksit Bharat Youth Parliament 2025. The event took place on March 4, 2025, in the college's mini-auditorium. The programme aimed to educate students about the significance of the Youth Parliament initiative and



guide them through the registration process. The facilitation team included including NSS Programme Officers Dr. Mehraj ud din Sheikh, Prof. Iqra Jan and Dr. Mohd Shafi Bhat (Assistant Professor, Urdu), who played a pivotal role in educating students about the significance of this initiative. They highlighted the importance of youth engagement in democratic discussions, policymaking, and national development. The facilitators also provided hands-on assistance to students in completing the registration process, ensuring maximum participation from the college. A large number of students participated in the awareness drive, showing enthusiasm to be part of this prestigious initiative. The session concluded with a Q&A segment, where students clarified their doubts regarding the registration and participation process.

The programme successfully motivated and equipped students with the necessary information to take part in Viksit Bharat Youth Parliament 2025, fostering their engagement in meaningful policy discussions and leadership development.



### Health Awareness cum Special Counselling Sessions for Female Students on the Eve of International Women's Day 2025

On the eve of International Women's Day 2025, the Women Development Cell, Debates and Seminar Committee, Cultural Committee, and NSS Units of Government Degree College Tral organized a Health Awareness Programme for female students in the college mini-auditorium. The programme aligned with the global theme "Accelerate Action" and aimed to empower young women with essential knowledge related to health and well-being. The event commenced at 11:30 AM with the felicitation of guest



speakers by the Principal, followed by a welcome address by Dr. Nusrat Jan, Convener, Women Development Cell. In his presidential address, Prof. (Dr.) Mushtaq Ahmad Malik emphasized the college's commitment to creating a supportive and inclusive environment for women and highlighted the significance of International Women's Day in addressing gender disparities and promoting women's rights. Dr. Nowroena, Resident Doctor BHM Awantipora, delivered a lecture on physical and mental health, focusing on women's nutritional needs, menstrual hygiene, and the importance of regular health check-ups to prevent issues such as anemia and vitamin deficiencies. The second speaker, Ms. Davinder Kour, District President Mahila Morcha Pulwama, spoke on women empowerment, stressing gender equality and the need for accelerated action to achieve global gender parity. The programme concluded with a vote of thanks by Ms. Iqra Jan, Faculty, Department of Commerce. The proceedings were conducted by Dr. Aashaq Hussain Zargar, Convener, Debates and Seminars. The programme was informative and successful in raising health awareness and reinforcing the importance of women's empowerment.



**One Day Inter-College Seerat Conference on the Theme "Fazilat-i-Ramazan"  
13<sup>th</sup> of March 2025**

The Cultural Committee and Debates & Seminar Committee, in collaboration with the NSS Units of Government Degree College Tral, organized a one-day Seerat Conference titled "*Fazilat-i-Ramazan*" to commemorate the life and teachings of Prophet Muhammad (PBUH). The conference aimed to promote Islamic values, foster spiritual growth, and encourage youth to showcase their talents in religious recitation and oratory. The programme began with the recitation of the Holy Qur'an, followed by an address by the Principal of the host college, Prof. (Dr.) Mushtaq Ahmad Malik, who highlighted the relevance of Seerat-un-Nabi (PBUH) in contemporary life and stressed the



need to imbibe its teachings. Scholars and community leaders also graced the occasion. The Qirat competition witnessed enthusiastic participation from various institutions. Naveed Ur Saba of GDC Tral secured first place, while Umair Manzoor of GDC Pampore and Rao Iftikhar Anjum of GDC Bijbehara secured second and third positions respectively. The Naat competition captivated the audience with soulful renditions, with Arzoo Jan of GDC Tral winning first place, followed by Saniya Naseem of GDC Pampore and Khushboo Jan of GHSS Tral. A speech competition on the theme "*Fazilat-i-Ramazan*" was also held in Urdu and English. Iara Majeed of GHSS Tral secured first position, while Ghulam Mujtaba Nabi Mirza of GDC Tral and Shah Areefa of GDC Pampore stood second and third respectively. Winners were awarded certificates and cash prizes. The conference concluded with a vote of thanks by Dr. Samiullah Rather, Convener Cultural Committee, who appreciated the efforts of all stakeholders and emphasized the importance of such programmes in nurturing religious awareness and talent among youth.



### Participation in Debate and Awareness Rally on Nasha Mukht Bharat Abhiyaan On 19-03-2025

The NSS Units of Government Degree College (GDC) Tral actively participated in a debate competition on *Nasha Mukht Bharat Abhiyaan*, organized by Police District Awantipora on March 19, 2025. The event aimed to raise awareness about drug abuse and its harmful effects on individuals and society.

A significant number of students took part in the debate competition, showcasing their insightful perspectives on the dangers of substance abuse and the urgent need to combat this growing menace. The participants emphasized the role of education, community efforts, and strict law enforcement in eradicating drug addiction. The debate served as an engaging platform for students to express their thoughts and propose solutions for a drug-free India.



After the successful culmination of the debate program, NSS volunteers of GDC Tral participated in an awareness rally on *Nasha Mukht Bharat Abhiyaan*. The rally commenced from Girls Higher Secondary School Tral and proceeded to the General Bus Stand Tral, drawing the attention of the local community. Holding banners and placards with anti-drug messages, the volunteers raised slogans advocating for a drug-free society.

The active participation of NSS volunteers and students of GDC Tral reflected their commitment to social responsibility and their dedication to the national campaign against drug addiction. The event not only sensitized the participants but also encouraged the local population to join hands in making society free from substance abuse.



**Participation in Viksit Bharat Youth Parliament 2025 (District Level Round)  
organized by GDC Anantnag on March 22, 2025**

The District Level Round of the Viksit Bharat Youth Parliament 2025 (VBYP2025) was successfully organized on March 22, 2025, at the Seminar Hall of SHMM-GDC Anantnag. The event witnessed enthusiastic participation from young minds eager to contribute to the vision of a developed India. A total of 11 N5S volunteers from our institution were selected to participate in Day-2 of the final leg of the competition. During the session, the participants eloquently deliberated on the topic "One Election, One Election - Paving the Way for Viksit Bharat". The discussions revolved around the potential benefits and challenges of the One Nation, One Election policy, its impact on governance, economic efficiency, and democratic processes. The event provided a platform for students to express their insightful perspectives and innovative ideas on electoral reforms. The competition was intense, with participants showcasing their deep understanding and analytical abilities. Among them, two of our talented students, Irtiqa Manzoor and Saiwa Shah, achieved remarkable success by securing the third and fifth positions, respectively. Their outstanding performance has earned them a spot in the State Level Round, scheduled to be held on March 27, 2025, at Brig Rajinder Singh Auditorium, University of Jammu. This achievement is a testament to the dedication, hard work, and intellectual acumen of our students. Their participation and success in such a prestigious event not only bring pride to our institution but also encourage other students to engage in critical discussions on national policies. We extend our heartfelt congratulations to all the participants and best wishes to Irtiqa Manzoor and Saiwa Shah for their upcoming challenge at the State Level Round. We are confident that they will continue to perform exceptionally and make a mark at the state level.



### Participation in State-Level Round of Viksit Bharat Youth Parliament 2025 at Brig Rajinder Singh Auditorium, University of Jammu.

The State-Level Round of the Viksit Bharat Youth Parliament 2025 was successfully held on March 27, 2025, at the Brig Rajinder Singh Auditorium, University of Jammu. The event saw enthusiastic participation from young minds eager to contribute to the vision of a developed India.

From our institution, two N55 volunteers, Irtiqa Manzoor and Salwah Shah, were selected to participate in the prestigious event. During the session, the participants eloquently deliberated on the topic "75 Years of Constitution: rights,



duties and progress", sharing insightful perspectives and innovative ideas. The platform not only encouraged intellectual discourse but also served as an opportunity for students to compete for selection in the National Level Round.



To ensure a safe and smooth journey, Prof. Shabir Hussain Mirza and Dr. Amarjeet Singh accompanied the students. While our students did not secure selection for the final national round, their participation was a valuable learning experience, enriching their understanding and

confidence in public discourse.

This event underscored the significance of youth engagement in democratic discussions and their role in shaping India's future.

### Anti-Ragging Awareness Programme on 07 April 2025

The Anti-Ragging Cell of GDC Tral, in collaboration with NSS Units I & II, organized an Anti-Ragging Awareness Programme on 07 April 2025 to sensitize students about the harmful effects of ragging and to ensure a ragging-free academic environment in the college. The programme commenced with a welcome note followed by an informative and inspiring address by the Worthy Principal, Prof. Muzaffar Ahmad Bhat who highlighted the importance of maintaining discipline and a respectful atmosphere within the institution. He gave a detailed overview of the legal provisions and institutional measures in place to curb ragging in higher



educational institutions. Following this, Dr. Mohd Shafi Dar, Convener of the Anti-Ragging Cell, delivered a brief lecture, emphasizing the psychological and academic consequences of ragging. He encouraged students to foster a culture of mutual respect,



harmony, and support. The event witnessed enthusiastic participation from both students and staff members of the institution. The awareness programme successfully reinforced the message of a ragging-free campus and the commitment of the institution to uphold students' rights and dignity.

#### Outcome:

The programme successfully raised awareness among students regarding the seriousness of ragging and strengthened the commitment of the institution toward maintaining a safe and inclusive learning environment.

### The Celebration of Dr. B.R. Ambedkar's Birthday on 13th April 2025

On 13th April 2025, the NSS Units of GDC Tral in collaboration with My Bharat Nehru Yuva Kendra Pulwama organized a series of events to commemorate the birth anniversary of Dr. B.R. Ambedkar. The celebration commenced with a quiz competition conducted in the form of MCQs. The quiz was centered on the theme "Ambedkar's Vision for Modern India", aiming to raise awareness among students about Dr. Ambedkar's contributions to the nation.

The event witnessed enthusiastic participation from students across various departments. At the conclusion of the competition, certificates were awarded to the students who secured the 1st, 2nd, and 3rd positions namely Irtiqā Manzoor (6<sup>th</sup> Semester), Rahee Hilal (6<sup>th</sup> Semester), and Mohtashib Mazaffar Pall (1<sup>st</sup> Semester) students respectively recognizing their knowledge and engagement with the theme. These meritorious students were felicitated by esteemed principal of the college Prof. Muzaffar Ahmad Bhat

Following the quiz, a pledge-taking ceremony was held, during which all participants and attendees solemnly took an oath on the Preamble of the Indian Constitution, reaffirming their commitment to the constitutional values envisioned by Dr. Ambedkar.

To mark the celebration further, a Padyatra was organized, symbolizing unity, awareness, and a tribute to the ideals of Dr. B.R. Ambedkar. The day concluded on a reflective note, inspiring the youth to uphold the principles of justice, equality, and fraternity in their personal and social lives.



**Awareness Programme on "Malnutrition and its Adverse Impact"  
under the banner of Poshan Pakhwada on 19th April 2025**

The NSS Units of Govt. Degree College Tral organized an Awareness Programme about "Malnutrition and its Adverse Impact" on 19th April 2025, under the national campaign *Poshan Pakhwada*. The event aimed to sensitize students about the causes, consequences, and preventive measures related to malnutrition, which remains a major public health concern in India.

The programme witnessed active participation from students of the college, who engaged enthusiastically in the discussions and interactive sessions.

The key speaker for the event was Dr. Rehana Rasool, AA Lecturer, Department of Education, who highlighted the alarming rates of malnutrition in various sections of society and its long-term physical and cognitive effects. He stressed the importance of balanced nutrition, health education, and early interventions, especially among children and women.

The event concluded with a Q&A session, where students sought insights on maintaining a nutritious diet within limited resources and the role of community awareness in combating malnutrition.

Overall, the programme was informative and successfully met its objective of spreading awareness and promoting healthy nutritional practices among the youth.



### Plantation Drive Organized Under Poshan Pakhwada; on 21-04-2025

The NSS Units I & II, in collaboration with the Department of Botany, Government Degree College Tral, organized a one-day Plantation Drive under *Poshan Pakhwada* on 21 April 2025 within the college premises. The initiative aimed to create awareness about nutrition, environmental sustainability, and the vital role of plants in human well-being.

The programme witnessed active participation from NSS volunteers, Botany students, and faculty members. A variety of medicinal, herbal, aromatic, and fruit-bearing saplings were planted across the campus, including the transplantation of important species into the college herbal garden to enrich its collection and strengthen it as an educational gene bank.

The drive was inaugurated by the Principal of the college, who highlighted the significance of plantation activities in promoting ecological balance and supporting the objectives of *Poshan Abhiyan*, particularly in ensuring nutritional security. Earlier, Dr. Mohd. Rafiq Wani, Head, Department of Botany, sensitized students about the medicinal, nutritional, and ecological importance of plants and guided them on proper plantation techniques. Dr. Mehraj-Ud-Din Sheikh, NSS Programme Officer-I, expressed concern over increasing deforestation and urged students to actively participate in tree plantation and awareness initiatives.

Several senior faculty members, including Dr. Rafiq Ahmad Khan, Dr. Shabir Hussain Mirza, and Dr. Amarjeet Singh, also planted saplings and emphasized the role of such drives in combating climate change, improving air quality, and conserving biodiversity.

The plantation drive concluded with a pledge by all participants to nurture the planted saplings and continue adopting eco-friendly practices. A vote of thanks was presented by Dr. Shabir Hussain Mirza, Staff Secretary of the college, who appreciated the collective efforts of the Botany Department, NSS Programme Officers, and volunteers in making the programme a success.



### Cleanliness Drive (Swachhata Hi Sewa) on 29-04-2025

The NSS Units of Govt. Degree College Tral organized a comprehensive cleanliness drive within the college campus on April 29, 2025. The initiative was aimed at fostering a sense of responsibility among students towards maintaining a clean and healthy environment. The event commenced with a brief impactful address by the esteemed Principal, Prof. Muzaffar Ahmad Bhat. In his opening remarks, he highlighted the critical role of cleanliness in ensuring the overall well-being of society and emphasized the collective responsibility of individuals in creating a



hygienic environment. His message served as a motivating start to the day's activities. The success of the drive was significantly attributed to the dedication and leadership of the NSS Programme Officers, Dr. Mehtaj ud Din Sheikh and Prof. Iqra Jan. They played a pivotal role in organizing the event, assembling the NSS volunteers, and guiding them through the process of proper waste collection and segregation. Their efforts ensured that the garbage collected during the drive was sorted and managed in an environmentally conscious manner. Throughout the day, NSS volunteers actively participated in cleaning various parts of the campus, including lawns and surrounding areas. The spirit of teamwork and commitment displayed by the volunteers was commendable and reflected their understanding of the importance of community service. At the conclusion of the drive, Dr. Amarjeet Singh, the Advisor of the NSS Units, addressed the gathering and expressed his sincere appreciation to all the participants and staff members. He lauded their enthusiastic participation and underscored the importance of continuing such efforts regularly to instill cleanliness as a daily practice.



### Institution-Level MY Bharat Portal Training by NSS POs on 17-05-2025

The NSS Units I & II of GDC Tral, successfully organized an Institution-Level Training Programme on the MY Bharat Portal on 17th May 2025. The event aimed to sensitize students and NSS volunteers about the significance of the MY Bharat digital platform, its various features, and procedures to engage effectively through it. The programme was chaired by Dr. Mehraj ud Din Sheikh, NSS Programme Officer I, and Prof. Iqra Jan, NSS Programme Officer II, who served as the key resource persons for the day. During the session, the following topics were comprehensively covered:



**Awareness on MY Bharat Portal:** Dr. Mehraj ud Din Sheikh elaborated on the vision and objectives of the MY Bharat Portal, highlighting its role in connecting youth with various government initiatives, volunteerism, and leadership opportunities. He guided the participants on how to create and complete their profiles effectively to avail various opportunities.

**Instructions for Applying as Civil Defense Volunteer:** Prof. Iqra Jan gave detailed instructions on the step-by-step process of applying for Civil Defense Volunteer services through the portal. She also addressed common queries and clarified the benefits of such services for youth development and community resilience.

To make the session interactive and impactful, both speakers utilized engaging PowerPoint presentations and educational videos that illustrated the portal's interface and application processes. The event witnessed overwhelming participation from hundreds of students and NSS volunteers, reflecting the growing interest among the youth in leveraging digital platforms for national service and development.



### Intra-Cultural cum Farewell Function Organized by NSS Units of GDC Tral

On May 28, 2025, the NSS Units of GDC Tral organized a vibrant and emotionally resonant 'Intra-Cultural cum Farewell Function' to honor the contributions of the outgoing NSS volunteers and celebrate the cultural richness of the region.

The program began with a formal welcome and was graced by the presence of the worthy Principal, Prof. Muzaffar Ahmad Bhat, who delivered an insightful inaugural speech. In his address, the esteemed Principal lauded the commitment, discipline, and spirit of service demonstrated by the NSS volunteers throughout their tenure. He emphasized the role of youth in nation-building and encouraged students to continue serving society beyond their college years.



Following this, NSS Programme Officer-I, Dr. Mehraj ud Din took the podium and reflected on the various community outreach activities, cleanliness drives, and awareness campaigns conducted by the volunteers under the banner of NSS. He praised the teamwork and dedication shown by the students during their service.

Next, NSS Programme Officer-II, Prof. Iqra Jan, expressed her appreciation for the creative and leadership potential of the volunteers. She highlighted the importance of youth engagement in societal development and encouraged the juniors to carry forward the legacy of service and cultural awareness.



Dr. Mohd Shafi Dar, Convener of the Discipline Committee, spoke about the values of discipline and ethics that NSS instills in students. He applauded the manner

in which the volunteers upheld the code of conduct and represented the college during various events.

The gathering was further enriched by a thoughtful message from Dr. Amarjeet Singh, Convener NSS Advisory Committee, who discussed the broader goals of NSS and its impact on shaping responsible citizens. Senior faculty member Prof. Mohd Raiq Wani shared nostalgic memories and conveyed his best wishes to the outgoing batch, while Assistant Professor (English) Dr. Hilal Ahmad Wani closed the series of faculty addresses with encouraging words about embracing change and growth.

A deeply emotional segment followed, as the outgoing NSS volunteers shared heartfelt speeches recounting their journeys, memorable experiences, and personal transformations during their time in NSS. Their reflections evoked strong emotions in



the audience, many of whom were visibly moved.

The event also featured a colorful cultural programme where NSS volunteers showcased regional music and dance performances that celebrated the rich heritage and diversity of Kashmir. These performances added a festive and celebratory spirit to the evening.

As a token of appreciation and gratitude, the outgoing volunteers presented mementoes to their programme officers, conveners, and mentors. These small gestures symbolized the strong bonds formed over the years of service and learning.

The programme concluded with a Vote of Thanks, formally delivered by a student representative. The speaker acknowledged the contributions of the college administration, faculty, organizing team, and all volunteers who made the event a grand success.

The farewell function was not just a send-off, but a celebration of unity, culture, service, and emotional connection, leaving lasting memories in the hearts of all who attended.

### Civil Defense Exercise "Operation Shield" on 31-05-2025

On 31st May 2025, My Bharat Pulwama in collaboration with NSS Units GDC Tral, successfully organized the 2nd Civil Defense Exercise 'Operation Shield'. The event witnessed enthusiastic participation from over 45 NSS Volunteers who actively took part in various activities aimed at promoting civil defense awareness and preparedness.

The programme commenced with an awareness session led by Dr. Mohd Shafi Dar, Programme Coordinator, who highlighted the importance of civil defence training in emergency situations. This was followed by a motivational speech by senior NSS Volunteer Mr. Mujtaba Nabi, who shared insights on the role of youth in disaster response and community safety.

The highlight of the event was the mock drill exercises, during which volunteers demonstrated emergency response techniques, showcasing the training they had received. The exercise emphasized coordination, quick response, and the importance of teamwork during crises.

The event was a significant step in strengthening community resilience and equipping volunteers with practical skills to handle real-life emergencies.



### Anti-Polythene Drive Organized at GDC Tral on 31-05-2025

As part of the ongoing Environment Week 2025 celebrations, the NSS Units I & II of GDC Tral organized an Anti-Polythene Drive on 31st May 2025. This initiative, held within the college campus, was aimed at spreading awareness about the environmental hazards posed by the use of polythene and encouraging sustainable practices among students and staff. The event was formally inaugurated by the Principal of the College, Prof. Muzaffar Ahmad Bhat, who addressed the gathering with an inspiring speech. In his remarks, he highlighted the growing environmental concerns due to polythene pollution and stressed the importance of such activities in instilling a sense of environmental responsibility in youth. He applauded the Department of Environmental Science and the NSS units for taking the lead in organizing meaningful programs during Environment Week. The drive was carried out under the effective supervision and guidance of several faculty members and coordinators, including SS Programme officers I & II Dr. Mehraj ud Din Sheikh; Prof. Iqra Jan, Convener, NSS Advisory Committee Dr. Amarjeet Singh, Head, Department of EVS Dr. Fayaz Ahmad Malla and Convener, Discipline Committee Dr. Mohid Shafi Dar,



The participation of more than 50 NSS volunteers made the event impactful. The volunteers actively engaged in collecting polythene waste from different parts of the campus, promoting messages against the use of single-use plastic, and interacting with students to promote eco-friendly alternatives. The Anti-Polythene Drive not only contributed to a cleaner campus environment but also served as an educational experience for all participants. It reflected the institution's commitment to environmental conservation and the active role of NSS in community engagement.

The event concluded successfully with renewed enthusiasm among volunteers to carry forward the mission of environmental protection and to continue contributing to sustainable campus initiatives.



**Two days NSS Camp (facilitation Centre) at Khankah I Faiz Panah Tral  
On 2<sup>nd</sup> & 3<sup>rd</sup> June 2025**

The NSS Unit I of Government Degree College Tral organized a two-day NSS Camp (facilitation center) during the annual Urs I Shah I Hamdan Khankah I Faiz Panah, Tral on 2<sup>nd</sup> & 3<sup>rd</sup> June, 2025. The objectives of the camp was to provide assistance and guidance; to ensure a smooth and organized flow of activities and serve refreshments to the devotees attending the Urs and finally to promote the values of community service and volunteerism among students.

Prior to the event, a meeting was held with the administration of the Waqf Board chaired by worthy Principal Prof. Muzaffar Ahmad Bhat to discuss the arrangements for the Urs I Shah I Hamdan, Khankah I Faiz Pana, Tral. The purpose of this meeting was to ensure that all necessary preparations and logistics support from GDC Tral



for the successful execution of the Urs. The NSS Camp (facilitation center) aims to provide various services and support to the attendees of the Urs, ensuring a smooth and organized experience. The NSS volunteers dedicated their time and efforts, serving day and night. Their relentless service played a crucial role in the smooth functioning of the facilitation center (NSS Camp), ensuring that attendees received the necessary support and services throughout the event. Their commitment and hard work were instrumental in managing the activities and addressing the needs of the devotees effectively. The camp was attended by 20 (twenty) NSS volunteers along with escorting staff Dr. Mehraj ud din Sheikh (NSS Programe Officer/Asst. Prof.); Dr. Mushtaq Ahmad Kumar (Asst. Prof.); Dr. Semi Ullah Rather (Asst. Prof); Mr. Mohd Ashraf Buloo (LFE), Mr. Manzoor Ahmad Naik (LFE).



**Cleanliness Drive conducted by NSS Units of GDC Tral under the Banner:  
Swachhata Hi Seva on 12th June 2025**

In alignment with the nationwide campaign *Swachhata Hi Seva*, the NSS Units of Govt. Degree College Tral organized a comprehensive cleanliness drive on 12th June 2025. The drive aimed at fostering awareness regarding cleanliness and hygiene among the students and to instill in them a sense of social responsibility and environmental consciousness. The programme commenced with a formal gathering in the college premises, where the Principal of the college, Prof.



Muzaffar Ahmad Bhat, delivered an inspiring address. In his introductory speech, he highlighted the significance of maintaining cleanliness in our surroundings and emphasized the active role students can play in supporting national missions like Swachh Bharat Abhiyan. He appreciated the efforts of the NSS Units and encouraged the volunteers to remain consistent in such community-based engagements. Following the welcome address, under the able guidance and supervision of the NSS Programme Officers, the volunteers undertook the task of picking up litter, cleaning walkways, lawns, and other open spaces. Special attention was given to areas that are frequently used by students to ensure a cleaner and healthier environment. The drive witnessed enthusiastic participation from a large number of students, reflecting their commitment to community service. The collected waste was later segregated and disposed of in an eco-friendly manner. Throughout the activity, the NSS volunteers maintained discipline and showed remarkable teamwork.

The programme officers expressed their satisfaction over the success of the event and urged the students to continue being ambassadors of cleanliness in their respective communities.



### Celebration of 10<sup>th</sup> International Day of Yoga On 21<sup>st</sup> June 2025

The 10th International Yoga Day was celebrated with great enthusiasm at Government Degree College (GDC), Trai, on 21st June 2025. The event aimed to highlight the theme 'Yoga for Empowerment of Women,' emphasizing the role of yoga in promoting physical, mental, and emotional well-being among women. The celebration commenced at 9:00 AM with participants including NSS & NCC Volunteers, faculty members, and non-teaching staff gathering at the college ground. The event began with a brief introduction to yoga and its significance in today's world, particularly in empowering women to achieve holistic health and inner peace.

A professional yoga instructor led the participants through a series of yoga asanas (poses) and pranayama (breathing exercises). Special emphasis was placed on asanas known for its benefits in improving flexibility, strength, and mental clarity. The session catered to participants of all fitness levels, ensuring inclusivity and accessibility.

The event concluded with a collective pledge to continue practicing yoga and spreading awareness about its transformative effects on individual well-being and societal harmony. This report captures the essence of our collective efforts towards promoting yoga as a tool for empowerment and well-being, particularly focusing on its benefits for women in our community. We extend our gratitude to participants, organizers,



volunteers, and sponsors who contributed to making this event memorable and impactful.

### An Awareness programme on World Population Day (11-07-2025)

The NSS Units of Government Degree College Tral, in collaboration with MERA YUVA BHARAT, Pulwama, organized an awareness programme on the occasion of *World Population Day* on 11th July 2025. The event aimed to raise awareness among students and the general public about the challenges posed by the rapidly growing population and the importance of sustainable development.

The programme began with a welcome address by the NSS Programme Officer, who highlighted the significance of observing World Population Day. The Principal of the college, Prof.

Muzaffar Ahmad Bhat, delivered the keynote speech, emphasizing the need for collective responsibility in addressing issues related to overpopulation, resource management, and reproductive health awareness.

Dr. Nisar Ahmad Mir from Department of Political Science also delivered insightful lectures, focusing on youth engagement in population control measures, family planning, and environmental sustainability. Various NSS volunteers actively participated and presented short talks on the theme.

The event concluded with a pledge taken by students and staff to spread awareness about population-related issues in their communities. The programme was successful in engaging the youth and encouraging them to become responsible citizens contributing to the nation's progress.



### Youth Connect Programme (Connecting Youth, Creating Future) on 23-07-2025

The NSS Units of GDC Tral successfully organized a Youth Connect Programme with the theme of (Connecting Youth, Creating Future) on 23rd July 2025 within the college campus. The event aimed to inspire, engage, and empower the youth towards nation-building and active community participation.

The programme commenced with a motivational lecture delivered by the Staff secretary of the college Prof. Shabir Hussain Mirza, who highlighted the role of youth in shaping a progressive and inclusive society. His address emphasized the values of discipline, dedication, and service to the nation, which deeply resonated with the participants.

Following the inaugural speech, Prof Iqra Jan, NSS Programme Officer, delivered an insightful lecture focusing on youth leadership, volunteerism, and the importance of social responsibility. This was followed by an awareness session by Dr. Mohd Shafi Dar, (Convener Discipline Committee) addressed key challenges faced by youth and the importance of channeling their energy toward education, social service, and personal development. His talk focused on promoting values of discipline, social responsibility, and ethical leadership, leaving a meaningful impact on the participants.

The event witnessed the participation of 112 NSS volunteers and students along with faculty and staff members of the college. An immediate outcome was the overwhelming response from first semester students, many of whom registered on the spot to join the NSS movement, marking the start of their social service journey.

The Youth Connect Programme proved to be a meaningful engagement for the students, fostering a stronger sense of unity, purpose, and motivation among the youth volunteers.



### Cleanliness Drive under Swachhata Abhiyan on 2nd August 2025

As part of the Independence Day Celebration Programme scheduled from 1st to 15th August 2025, the NSS Units of Government Degree College Tral organized Cleanliness Drive under the banner of *Swachhata Abhiyan* on 2nd August 2025.

The drive was conducted within the college campus with the enthusiastic participation of NSS volunteers under the supervision of the NSS Programme. The event commenced with a brief motivational address by the worthy Principal Prof. Muzafar



Ahmad Bhat, who emphasized the importance of cleanliness in nation-building and urged students to adopt cleanliness as a daily practice.

During the drive, the volunteers actively cleaned various areas of the campus including, lawns, and surroundings. Special focus was given to making the campus plastic-free. The activity aimed to spread awareness about the values of hygiene, civic responsibility, and environmental care among the students and staff.

The programme reflected the commitment of the college towards the *Swachh Bharat Mission* and contributed to creating a clean and healthy learning environment.



**Wall Decoration under Har Ghar Tiranga Campaign 2025  
Organized by NSS Volunteers, GDC Tral on 02-08-2025**

As part of the ongoing Independence Day Celebration Programme (1st-15th August 2025), the NSS volunteers of GDC Tral undertook a creative wall decoration activity on 2nd August 2025 under the banner of the Har Ghar Tiranga Campaign 2025.

The volunteers enthusiastically decorated the college wall near the main gate with Tiranga-inspired art, featuring patriotic themes, national symbols, and creative expressions in tricolour. The artwork reflected the volunteers' deep sense of nationalism and their commitment to beautifying the campus in honour of the nation.



The activity was conducted under the supervision of the NSS Programme Officers, Convener Discipline Committee and with active involvement of staff members who appreciated the efforts and creativity of the students. The initiative not only added aesthetic value to the college premises but also served as a visual reminder of the ideals of unity, freedom, and pride associated with the Indian national flag.

Such programmes play a vital role in fostering civic responsibility and national pride among the youth, aligning perfectly with the objectives of the Har Ghar Tiranga Campaign.



### Tiranga Rangoli Competition organized by GDC Tral on 4th August 2025

As part of the Independence Day Celebration Programme (1st-15th August 2025), Tiranga Rangoli Competition was organized at GDC Tral on 4th August 2025. The event was held under the banner of the Har Ghar Tiranga Campaign 2025 and witnessed enthusiastic participation from students across various departments.



The participants showcased their artistic talents by creating vibrant Rangolis inspired by the Indian tri-colour, national symbols, and patriotic themes. The colourful designs reflected the spirit of nationalism, unity, and creativity.

The event was conducted under the guidance of the NSS Programme Officers and Convener Discipline Committee was judged by a panel of faculty members. The best entries were appreciated and awarded. The competition not only added festive spirit to the campus but also encouraged students to express their patriotism through art.



### Tiranga Rakhi-making Competition/Workshop on 05-08-2025

As part of the ongoing 79th Independence Day celebration week, a *Tiranga Rakhi Making Competition-cum-Workshop* was organized by NSS Units of GDC Tral on 5<sup>th</sup> August 2025. The event aimed to invoke patriotic sentiments among students while encouraging creativity and cultural expression through the art of Rakhi-making.

Under the guidance and charismatic leadership of Prof. Muzafar Ahmad Bhat, Principal of the college, the competition witnessed enthusiastic and over-whelming participation from students across various departments and semesters. Each participant showcased their talent by crafting rakhis in the theme of the Indian national flag, electing vibrant patriotism and artistic innovation. The works provided a brief demonstration on rakhi-making techniques, materials used, and the cultural significance of rakhi and the tri-color. After careful evaluation by the panel of judges based on creativity, thematic relevance, and overall presentation, the following students were adjudged winners:

- **First Position:** Ms. Sheema
- **Second Position,** Shafiya
- **Third Position:** Ms. Insha

All participants were appreciated and felicitated for their efforts. The event concluded on a high note, reflecting the spirit of unity and patriotism among the youth. The organizing committee expressed gratitude to all participants, faculty members, and volunteers for their support in making the event a grand success.



### Cleanliness Drive of nearby Water Body (Dilnag) and its Surroundings on 08-08-2025

The NSS Units of Government Degree College Tral organized Cleanliness drive of the water body "Dilnag" and its surroundings on 8th August 2025 under the banner of *Swachhata Abhiyan* as part of the Independence Day Celebration Programme (1st to 15th August 2025).

The programme commenced with a brief yet highly motivational address in the institution by the esteemed Principal, Prof. Muzafar Ahmad Bhat, who highlighted the significance of cleanliness, environmental conservation, and community participation in building a sustainable future.

Later on a total of 42 NSS volunteers proceed towards the venue and actively participated in the drive, accompanied and guided by NSS Programme Officer Dr. Mehraj-ud-Din, along with Dr. Mohd Shafi Dar and Dr. Amarjeet Singh from the NSS Advisory Committee.

The volunteers diligently cleaned the water body and its surrounding areas, removing plastic waste, debris, and other pollutants to restore its natural beauty and maintain hygiene. The activity also aimed to create awareness among the local community about preserving water resources and keeping public places clean.

The event concluded with a collective pledge by all participants to continue promoting cleanliness and environmental responsibility, reinforcing the spirit of *Swachh Bharat* and contributing towards the celebration of India's 79th Independence Day.



### Participation in Tiranga Rally on 11-08-2025

On 11th August 2025, Govt. Degree College Tral actively joined the nation-wide patriotic fervour by participating in the Tiranga Rally organized by the office of the Sub-District Magistrate, Tral. The rally was part of the ongoing *Har Ghar Tiranga* campaign in connection with the Independence Day celebrations. A contingent comprising all categories of staff members—teaching, non-teaching, and Local Fund Employees—along with 112 dedicated NSS volunteers from the college assembled early in the morning to take part in the event. The participants, carrying the national flag with pride, reflected an atmosphere of unity and national integrity. The rally commenced from the Sports Stadium, Tral and proceeded through the main street, culminating at Main Chowk, Tral. The entire route was filled with patriotic slogans, enthusiastic chanting, and the display of the tricolour, drawing the attention and admiration of the local residents. The event not only celebrated the symbolic value of the national flag but also fostered a collective spirit among the participants. As part of its contribution, the college administration arranged drinking water facilities and served refreshments to the participants to ensure their comfort during the rally. This gesture was highly appreciated by both the organizing committee and the rally attendees. The programme concluded successfully, largely due to the dynamic leadership and guidance of worthy Principal Prof. Muzafar Ahmad Bhat, whose vision and motivation inspired everyone to contribute wholeheartedly to the event.



The participation of GDC Tral in the Tiranga Rally served as a testament to the institution's commitment towards fostering patriotism, promoting civic engagement, and encouraging students and staff to contribute actively to national causes.



**Celebration of Sadbhavana Divas on 20-08-2025  
in Collaboration with Mera Yuva Bharat Kandra Pulwama (J&K)**

The NSS Units of Govt. Degree College Tral, in collaboration with Mera Yuva Bharat Kendra Pulwama (J&K), organized a series of events on 20th August 2025 to celebrate Sadbhavana Divas with great enthusiasm and patriotic fervor. To mark the occasion, a Quiz Competition and an Essay Writing Competition were conducted on the theme "National Integration and Communal Harmony." The programme began with a brief but inspiring address by the Worthy Principal, Prof. Muzafar Ahmad Bhat, who underlined the significance of Sadbhavana Divas as a day to reaffirm the values of peace, tolerance, harmony, and unity in diversity. Both competitions witnessed active and enthusiastic participation from students of the college. After keenly contested rounds, the results were declared and are as follow In Quiz Competition



- 1<sup>st</sup> Position: Numan Rashid, 3<sup>rd</sup> semester; Roll No. 2408022
- 2<sup>nd</sup> Position: Humyra Shafi; 3<sup>rd</sup> Semester, Roll No. 2415023.
- 3<sup>rd</sup> Position: Hazifa Bano; 3<sup>rd</sup> Semester; Roll No. 2411009.

However, in Essay Writing Competition, the following students have secured the positions are:

- 1<sup>st</sup> Position: Humyra Shafi; 3<sup>rd</sup> Semester, Roll No. 2415023.
- 2<sup>nd</sup> Position: Azhar Nazir; 5<sup>th</sup> Semester; Roll No. 2306007
- 3<sup>rd</sup> Position: Mysoon Hassan; 3<sup>rd</sup> Semester; Roll No. 2415041

The winners were felicitated with certificates of merit by the college authorities as a token of encouragement and recognition. The celebration concluded with a note of thanks to the participants, faculty, and organizers for their collective efforts in making the programme successful. The day served as a meaningful reminder of the values of Sadbhavana and the responsibility of every citizen, especially the youth, to uphold peace and unity in the nation.



### Celebrating Sewa Parv & Gandhi Jayanti

\* Gandhian Philosophy - Relevance in contemporary times" on 17-09-2025

The NSS units of Govt Degree College Tral organised a thought provoking and insightful program on the philosophy of Mahatma Gandhi, aimed at revisiting and reflecting upon the core values disseminated by the Father of Nation. The event was held under the dynamic leadership and guidance of our worthy principal Prof. Muzaffar Ahmad Bhat, who formally inaugurated the session and emphasized the importance of Gandhian thought in shaping a just and human society.

The program began with a formal welcome address by the NSS programme

officer, Iqra Jan who briefed the audience about the aims and objectives of the event and highlighted the need to revisit Gandhi's teaching in today's world. NSS volunteers delivered insightful presentation and speeches on topic including: Satyagrah, Swedish movement, Gandhi's vision of rural development etc.

An interactive session followed, allowing students and faculty to discuss and debate the applicability of Gandhian values in addressing issues such as climate change, consumerism and violence in society. The program concluded with a vote of thanks by the NSS officer, who expressed gratitude to the Principal, faculty members and participating students for making the event a success. The event not only revived the timeless values of Mahatma Gandhi but also served as a reminder of the role that youth must play in building a more peaceful, inclusive and sustainable society.



**Donation Drive of Stationery Items under the banner  
Celebration of "Seva Parv" from 17<sup>th</sup> of September to 2<sup>nd</sup> October 2025**

The NSS Units of Government Degree College Tral organized a Donation Drive of Stationery Items on 18<sup>th</sup> September 2025 under the banner of the celebration of *Seva Parv*. The programme was aimed at extending support to the underprivileged students of the adopted villages of Nagbal & Branpathri.

During the drive, packets of stationery items comprising notebooks, pencils, erasers, sharpeners, and other essential materials were distributed among the students belonging to Nagbal and Branpathri. The initiative sought to



provide necessary academic resources to children from economically weaker sections and to motivate them towards pursuing their education with enthusiasm.

The event commenced with a brief introduction by the NSS Programme Officer, who highlighted the objectives of *Seva Parv* and the significance of inculcating the spirit of service among students. The NSS volunteers actively participated in the distribution process and interacted with the beneficiaries to encourage them in their educational journey.

The worthy Principal of the college Prof. Muzaffar Ahmad Bhat appreciated the efforts of the NSS Units in organizing such a meaningful event and emphasized the role of community service in the holistic development of students. The beneficiaries expressed their gratitude towards the college fraternity for their kind gesture.



**Donation Drive of Clothes on 19-09-2025 under the banner  
Celebration of "Seva Parv" from 17<sup>th</sup> of September to 2<sup>nd</sup> October 2025**

The NSS Units of Govt Degree College Tral organized a "Donation Drive of Clothes" on 19<sup>th</sup> September 2025 under the banner of the celebration of "Seva Parv" from 17<sup>th</sup> of September to 2<sup>nd</sup> October 2025.

The event was aimed at extending a helping hand to the underprivileged students and residents of the adopted village Branpathri. In this noble initiative, the faculty members of the college generously contributed clothes, which were collected in proper condition and systematically categorized for distribution. The NSS volunteers, NSS



Programme Officer and few staff members under the guidance of the esteemed Principal, coordinated the entire process with sincerity and enthusiasm.

On the day of the drive, the collected clothes were distributed among the needy students and residents of Branpathri village. The recipients expressed heartfelt gratitude for the support extended by the college community. The event not only provided relief to the underprivileged but also instilled a sense of social responsibility and compassion among the students and staff.

The esteemed Principal Prof. Muzafar Ahmad Bhat appreciated the efforts of the NSS Units and the benevolence of the faculty members. He emphasized that such drives strengthen the bond between the college and the community, truly reflecting the spirit of *Seva Parv*.

The donation drive concluded successfully, leaving behind a message of service, empathy, and collective responsibility towards society.



### Cleanliness Drive under the banner of Seva Parv on 20-09-2025

The NSS Unit I and II of Govt. Degree College Tral, organized a Swachhta Abhiyan under the banner Seva Parv and in commemoration of Gandhi Jayanti. The programme was held with great enthusiasm and active participation of students, staff members and volunteers under the able guidance and charismatic leadership of our worthy principal, Professor Muzaffar Ahmad Bhat. The event began with a brief address highlighting the importance of cleanliness as envisioned by Mahatma Gandhi. The principal emphasized that cleanliness is not just a duty but a way of life that contributes to a healthy society and a prosperous nation.

The NSS volunteers, divided into groups, undertook a massive drive in and around the college campus as well as the adjoining areas. The activities included sweeping, disposal of waste, removal of plastic, and plantation of sapling to promote environmental sustainability.

The spirit of service and responsibility among the students was highly commendable. They not only cleaned the surroundings but also pledged to maintain cleanliness in their daily lives and motivate others to do the same.

The successful culmination of the Swachhta Abhiyan reflected the collective commitment of the NSS volunteers and the college fraternity towards the ideals of Mahatma Gandhi. The guidance and support of Principal Prof. Muzaffar Ahmad Bhat proved instrumental in making the campaign meaningful and impactful.



### Planting Seasonal Flowers on 22-09-2025

Under the banner of Sewa Parv and in commemoration of Gandhi Jayanti, the NSS Unit - I and NSS Unit - II of Govt. Degree College Tral organised a Seasonal Flower Plantation drive on the college campus. The programme was conducted with great enthusiasm and was actively supported by the college administration, faculty members and NSS volunteers. The event commenced with brief address highlighting the significance of Mahatma Gandhi's vision of a clean and green India, and how environmental stewardship is integral part of community service, our worthy Principal, Prof. Muzaffar Ahmad Bhat, motivated the volunteers to dedicate themselves to the cause of environmental conservation and sustainable development.



NSS volunteers, under the guidance of programme officers, planted a variety of seasonal flower saplings in different sections of the college garden. Careful attention was given to selecting indigenous and climate-friendly species to ensure both beauty and ecological balance. The plantation not only aimed at beautifying the college premises but also at sensitizing students towards environmental responsibility and the importance of maintaining greenery. The programme concluded with a pledge to nurture the plants and sustain the plantation initiative beyond the event. The participation and dedication of the volunteers reflected the true spirit of Seva and paid a befitting tribute to the ideals of Mahatma Gandhi.



### Wall Painting Competition on the theme of Swachhta "Celebration of Sewa Parv on 25-09-2025

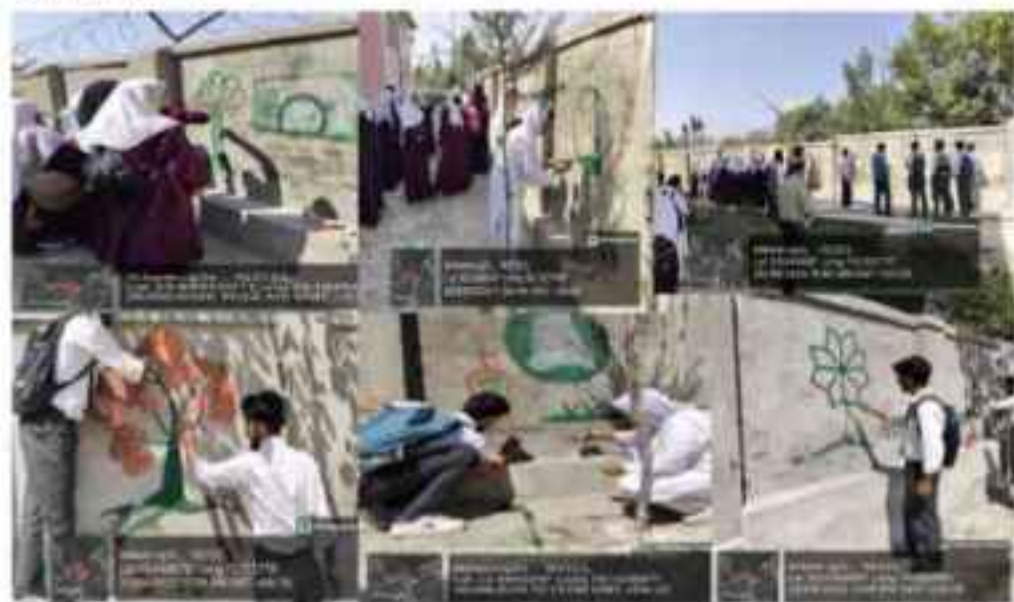
As part of the celebrations of Sewa Parv from 17th September to 2nd October 2025, the NSS Units of Govt. Degree College Tral organized a Wall Painting Competition on the theme of Swachhta on 25th September, 2025. The objective of the competition was to spread awareness about the importance of cleanliness and hygiene in society through creative expression and artistic skills. A total of 38 NSS volunteers and students, who had registered prior to the event, actively participated and showcased their innovative ideas on promoting cleanliness and sustainable living. The event witnessed enthusiastic participation, with the walls of the college premises turning into vibrant canvases reflecting messages of Swachh Bharat and community responsibility. After evaluation by the judges, the following participants were declared winners:

**1st Position: Faiqa Abad, 1<sup>st</sup> Semester Student, Roll No. 2508004**

**2nd Position: Jaffar Sofi, 3<sup>rd</sup> Semester Student, Roll No. 2408013**

**3rd Position: Misbah Jan, 3<sup>rd</sup> Semester Student, Roll No. 2411006**

The programme was successfully conducted under the supervision of Dr. Mehraj-ud-Din (NSS Programme Officer) and Dr. Mohd Shafi Dar (Member, NSS Advisory Board), who guided and encouraged the participants throughout the event. The competition not only provided a platform for students to display their artistic talents but also reinforced the values of cleanliness and community service among youth, in line with the vision of Sewa Parv.



### Book Donation Drive on 26-09-2025

**"Celebration of Sewa Parv from 17<sup>th</sup> September to 2<sup>nd</sup> October, 2025"**

The NSS Unit I & II of Govt Degree College, Tral organized a Book Donation Drive on 26th September 2025 with the objective of creating a Community Shelf in the college library. The initiative was aimed at promoting a culture of sharing knowledge and fostering collective learning among students and faculty members.

In this noble endeavor, both students and faculty members of the institution actively participated by donating a wide range of books, including textbooks, reference materials, novels, and general reading resources. The donated books have been placed in a separate section of the library as a Community Shelf, accessible to everyone for free borrowing.



The drive witnessed an overwhelming response from the college fraternity, reflecting their commitment to the values of social responsibility and mutual growth. The NSS volunteers played a vital role in mobilizing support, collecting, and arranging the books systematically.

Speaking on the occasion, the esteemed Principal Prof. Muzafar Ahmad Bhat appreciated the initiative and encouraged students to make optimum use of the Community Shelf, highlighting that books are not only sources of knowledge but also bridges that connect minds and generations. The event concluded with a vote of thanks extended to all contributors for their generosity and spirit of service. The Book Donation Drive stands as a step towards building a sustainable academic environment and strengthening the culture of sharing within the institution.



### "Know Your Library: A Step towards Reading Culture"

Organized by Dept. of Education in Collaboration with NSS Units on 27-09-2025

The Department of Education in collaboration with NSS Units of Govt Degree College Tral organized an event entitled "Know Your Library: A Step towards Reading Culture" on 27th September 2025. The programme was conducted as a part of the series of activities under SEWA PARV (17th September - 2nd October 2025) to promote awareness and engagement among students regarding the effective use of the college library.

During the event, students were taken to the college library where they were guided by the faculty members Dr. Mehraj ud Din (HOD Education), Dr. Rehana Rasool, and the library staff Mrs. Yasmeen Jan (Chief Librarian) and Mrs. Towheeda Wani (LFE) on various aspects of library usage. The session included demonstrations on how to locate books, identify relevant sections, and follow the proper protocol within the library. The faculty emphasized the importance of developing reading habits and encouraged the students to consider the library as a valuable resource for academic growth and personal enrichment.

The interactive nature of the session enabled students to clear their doubts about cataloguing, referencing, and borrowing procedures. The library staff extended full cooperation in making the students familiar with the functioning of the library.

The programme was well-received by the students, who expressed their appreciation for the initiative. It proved to be a significant step towards cultivating a reading culture and strengthening the bond between students and books. The entire event was carried out under the dynamic leadership of the worthy Principal of the College Prof. Muzafar Ahmad Bhat, whose encouragement and guidance made the programme a success



### Plantation Drive under SEWA PARV 2025 on 29-09-2025

The NSS Units of Govt. Degree College Tral, in collaboration with the Executive Officer, Municipal Committee Tral, organized a Plantation Drive of Deodar Trees in the college campus on 29th September 2025. The event was conducted as a part of the series of activities under SEWA PARV (17th September - 2nd October 2025) with the objective of promoting environmental awareness and sustainable practices among students and the local community. The



programme commenced with the participation of the worthy Principal, Prof. Muzafar Ahmad Bhat, who formally initiated the drive by planting a sapling. The staff members of Municipal Committee Tral, faculty members of GDC Tral, and enthusiastic NSS volunteers actively took part in the event. Together, they planted around 50 Deodar saplings across different spots of the campus, thereby adding to the greenery and aesthetic value of the institution.

Speaking on the occasion, Prof. Muzafar Ahmad Bhat highlighted the importance of preserving nature and the role of youth in combating environmental challenges. The collaboration with the Municipal Committee further enriched the initiative by providing technical support and guidance for successful plantation.

The drive not only contributed to environmental conservation but also instilled a sense of responsibility among students towards sustainable development. The event concluded with a collective pledge by the participants to take care of the planted trees and work consistently for the cause of environmental protection.



### Essay Writing Competition under Sardar@150 Celebration On 29-10-2025

The NSS Unit I & II of Government Degree College, Tral organized an Essay Writing Competition on the theme "Unity is Strength: A Message from the Life of Sardar Patel" on 29th October 2025, as part of the Sardar@150 Celebration marking the 150th Birth Anniversary of Sardar Vallabhbhai Patel.

The event aimed to highlight the values of unity, integrity, and patriotism exemplified by the Iron Man of India, Sardar Patel. A total of 54 students from various semesters enthusiastically participated in the competition, showcasing their

understanding and reflections on the life and contributions of Sardar Patel. After careful evaluation of the essays, the following students were declared winners:

1st Position: Mr. Mohtasib Pall, Semester III (Enrollment No. 2405004)

2nd Position: Mr. Numan Rashid, Semester III (Enrollment No. 2408002)

3rd Position: Mr. Aabid Nisar, Semester III (Enrollment No. 2419005)

The meritorious students were felicitated by the Worthy Principal, Prof. Muzafar Ahmad Bhat, who appreciated their efforts and encouraged all participants to follow the ideals of Sardar Patel in their personal and academic lives.

The event concluded with a note of gratitude from the NSS Programme Officers, who acknowledged the active participation of students and the support of the college administration in making the programme a success.



### National Unity Day (Rashtriya Ekta Diwas)

Date: 31st October 2025

Venue: From Bus Stand Tral to ADC Office Tral

To commemorate the birth anniversary of Sardar Vallabhbhai Patel and to mark the observance of Rashtriya Ekta Diwas (National Unity Day) was organized by the Sub-District Magistrate, Tral on 31st October 2025. The objective of the event was to promote the spirit of unity, integrity, and national solidarity among the citizens. The NSS Wings of Govt. Degree College, Tral enthusiastically participated in the march. A total of 144 NSS volunteers from the college took part, reflecting their strong sense of patriotism and social responsibility. The march started from the Bus stand Tral and culminated at the ADC Office Tral, with participants carrying banners and placards depicting messages of harmony, peace, and togetherness. The volunteers displayed exemplary discipline and commitment throughout the event. Their active participation was highly appreciated by the Sub-District Administration and other dignitaries present. The event concluded with an oath-taking ceremony, where participants pledged to uphold the ideals of national unity, peace, and communal harmony as envisioned by Sardar Vallabhbhai Patel. The event served as an inspiring reminder of the importance of collective strength and unity in maintaining the fabric of the nation.



### Quiz Competition in Connection with Commemoration of 150 Years of "Vande Mataram on 10-11-2025

The NSS Wings of Govt Degree College Tral organized a Quiz Competition on 10-11-2025 to commemorate 150 years of "Vande Mataram", the National Song of India that became a powerful anthem of freedom, unity, and patriotism during the independence movement. The event was aimed at honouring the spirit of "Bharat Mata" – Mother India – and reinforcing the values of devotion, sacrifice, and national integration among students.



A total of 60 NSS volunteers enthusiastically participated in the competition, which featured questions related to the origin, significance, and legacy of Vande Mataram, as well as India's freedom struggle and cultural heritage. The quiz not only tested the knowledge of students but also deepened their understanding of the historical importance of the song and its role in uniting the nation against colonial rule.

The event was conducted in a spirit of healthy competition and patriotic fervour. The participants displayed remarkable enthusiasm and awareness. In his concluding remarks, the NSS Programme Officer appreciated the students' active participation and emphasized the importance of remembering such national symbols that continue to inspire generations. The programme ended with the singing of the National Song,



Vande Mataram, which filled the atmosphere with a sense of pride and unity.



**NSS BULLETIN**

**Wastoorwan**

*(The Paramount Zeal)*

**January 2025 to December 2025**